



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 14th annual



Outer Banks Family YMCA

# POLAR PLUNGE

## MARCH 19, 2011

*to benefit the Outer Banks Family YMCA's  
"We Build People" Scholarship Program*

Come join us at the Ramada Inn in Kill Devil Hills on March 19th  
at 12:00PM for FUN and FESTIVITIES for the ENTIRE FAMILY!

Fantastic individual, team and raffle prizes! Buy your  
raffle tickets early at the Outer Banks Family YMCA.

Register online at [www.ymcashr.org](http://www.ymcashr.org).



For contributions and general information, call Katie Burgus at 252-449-8897

# POLAR PLUNGE 2011

The Outer Banks Family YMCA invites you to the 14th Annual Polar Plunge benefiting the "We Build People" scholarship program. Through this program, over \$244,000 in financial assistance was given in 2010 to support children, individuals and families in our community. Over the past 13 years, this event has raised over \$93,000 for our local YMCA. 100% of the proceeds benefit the Outer Banks Family YMCA's "We Build People" campaign which includes:

- Scholarships**
- Memberships**
- Summer Camp**
- Swimming Lessons**
- Y-Change programs**
- Youth Sports**

*The Outer Banks Family YMCA will never turn anybody away, regardless of their ability to pay.*

## How can YOU help?

<p><b>4 levels of business sponsorship available:</b></p> <table style="width: 100%; border: none;"> <tr> <td style="padding: 2px 10px 2px 20px;">PLATINUM</td> <td style="padding: 2px 10px 2px 20px;">\$1000 and up</td> </tr> <tr> <td style="padding: 2px 10px 2px 20px;">GOLD</td> <td style="padding: 2px 10px 2px 20px;">\$500</td> </tr> <tr> <td style="padding: 2px 10px 2px 20px;">SILVER</td> <td style="padding: 2px 10px 2px 20px;">\$250</td> </tr> <tr> <td style="padding: 2px 10px 2px 20px;">BRONZE</td> <td style="padding: 2px 10px 2px 20px;">\$100</td> </tr> </table>	PLATINUM	\$1000 and up	GOLD	\$500	SILVER	\$250	BRONZE	\$100	<p><b>Ask your family, friends, and co-workers. Ask just about ANYONE to sponsor you with a donation for the plunge!</b></p>
PLATINUM	\$1000 and up								
GOLD	\$500								
SILVER	\$250								
BRONZE	\$100								
<p style="text-align: center;"><i>Each level provides the business with ample advertising and recognition opportunities!</i></p> <p><b>Get a group together, raise donations and <i>PLUNGE AS A TEAM!</i></b></p>	<p>Any donations can be mailed to:  <b>Outer Banks Family YMCA</b>          P.O. Box 1030          Nags Head, NC 27959</p>								

**FEE: YMCA members \$45 / non-members \$55**

Includes T-shirt, delicious food from Outback Steakhouse, and the Plunge!

### SCHEDULE OF EVENTS:

Registration (Ramada Inn) ..... 12:00 - 12:45 PM  
 WE PLUNGE! ..... 1:00 PM  
 Warm up in the Hot Tubs ..... 1:45 - 2:30 PM  
*(courtesy of East Coast Soft Spa & Jacuzzi)*  
 Food donated by Outback Steakhouse, drinks & prizes ..... 2:00 - 3:00 PM

**Everyone plunges at their own risk. Lifeguards/ EMT's will be present.**

**\*\*\*\*\* FOR MORE INFORMATION \*\*\*\*\***  
 call Katie Burgus at the Outer Banks Family YMCA at (252) 449-8897

## POLAR PLUNGE 2011 REGISTRATION

PLUNGER'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

**I WILL BE PLUNGING AS:**

*(Please check one)*

- Student K-6
- Student 7 - 12
- Adult
- Team
- Wackiest Costume

Team Name \_\_\_\_\_